## **Health and Wellness Meeting - October 12, 2022**

**Attending:** Tom Burnell, Meg Rodier, Emily Davison, David Aierstok

- 1. Review of BOE focus points for the 2022-2023 school year
- · health, wellness, and school safety
- 2. Discussion on our Director of Food Services, Larry Anthony, providing a broad presentation on our cafeteria food and program
- Up to 45 minutes on a separate night(potentially)
- 3. Reminder that tomorrow night (6:30pm) Mykee Fowlin is on a zoom, which is not being recorded, and is intended for upper middle school and high school students
- 4. CPR/AED Training
- Look at employees and students who are trained in CPR/AED
- Potential students would be EMT's and/or Volunteer Fireman
- 5. Discussed Second Step Program
- The program is a children's research based one that provides educators and easy-to-implement, engaging way to teach social-emotional skills and concepts.

Next meeting scheduled is for 11/9/2022, Meetings are subject to change so please call ahead if you are planning to attend